

blif0fsfnl gu/kflnsfsf]kyd P]txfl; s gu/ ; efd
gu/-pkkð'v >L a; Gtl tfdf^a -8ufh_áf/f k|tt

cf=j=@)&\$÷)&% sf]ahð, glit tyf sfoqmd

o; gu/ ; efsf cfb/0flo gu/ ; efsf ; b:oHoX?, cfdlGqt ; b:o HoX?, kð'v cly u0f, /fi6x]s sdf/fL tyf ; /lff lgsfosf kð'vx?, sfoffno kð'vHoX?, ; #f/sdl{ldqx? Pj+o; sfoqmdf pkl:yt ; Dk0f{dxfgfejx?df blif0fsfnl gu/kflnsfsf] P]txfl; s klxnf] gu/ ; efsf] j]sdf o; gu/kflnsfsf]tkmáf6 tyf d]f]JolQmut tkmáf6 xflb\$:jfut ug{rfxG5'. o; ul/dfdo gu/; efsf]; b:osf]?kdf lgj fl'r-t xg' ePsf ; Dk0f{ ; b:oHoX?nf0{xflb\$ awf0{lbb}oxfk?sf]; kmn sfo\$fnf]z'esfdgf ; d] JoQm ug{rfxG5'.

cfwlgS g]kfnf] ; Gbédf rrf{ubf{g]kfnf] Ppóf pTs[6 wfd\$ ko6slo uftJosf] klxrfg agfPsf]o; gu/kflnsf /fhwfgl s]báf6 s]n !* ls-dl-sf]b/lfd cjl:yt /x\$]Ppóf lztn, zft, kð'if0f /lxt, x/lofnloQm gu/ eg] lrlgG5 . @)^* sf]hgu0fgdf @\$,@(& hg; wof /x\$]5 eg] of]; fgf]gu/n]lj ut bl'v g}lj sf; df cnlu}klxrfg lgdf0f u/\$]5 .

blif0fsfnlnf0{cfhsf]cj:yfdf k'wofpg / o; nf0{df0f ug]; of}culh tyf ; dfh;]Lx?sf]kl; gf au\$]5 . xfdl tl ; Dk0f{hgx? kl't cfef/ JoQm ub5]}. g]kfn ; /sf/sf]ldlt @)&!÷)^*÷!^ sf] lg0f6fg; f/ ; fljssf rfnlgfv]h, ;]lb]L, z]fgf/fo0f, blif0fsfnl, 5ðn]/ 6Ns' 88]f} uf=]j=; = ldn] \$@^ j u{ls=d= lfg]kmndf xfn (j6f j8fdf lj eflht /x\$]5 . cfh of]gu/ lj ljw ; efjgf, cj ; / / rfg]tx?sf alrdf plePsf]5 . k]f, zIQm / Pstfdf hf8 lbb}cfufdl af6f] to ug]k0f u/\$] blif0fsfnl, uf]jzfnl 0{txf; / ; d] eljiosf]alrdf ple0/x\$]5 . o; P]txfl; s sfnv08df o; gu/kflnsfsf]hglgj fl'r-t pkkð'vsf]?kdf cfh klxnf]gu/ ; efd oxfk?sf]jLrdf plebf d cfkmhf0{ zfe]llozfnl 7fgl /x\$]5'.

cfh o; ul/dfdo ; efd pleP/ cfufdl cfly\$ aif\$]glit, sfoqmd tyf jhð k]z ub}ubf{; j} kyd d g]kfnf] ; Dk0f{jlnbfglk0f{cfGbf]hgx?df cfkm]f]cdNo k]0f pT; u{ug]1ft c1ft ; lxbx? kl't xflb\$ >cf; dg ck0f ub5'.

hgkl'tlgldhs o; !(aif{kl5 ; DkGg ePsf]:yflgo tx lgjffgaf6 !% aif\$]cGt/fndf kl'tlg]wsf]?kdf rlgP/ sfd yfngl u/\$]of]; vbM cj ; /df xfdlnf0{cfkm]f]cdNo dt lb0{laho u/fpg]; Dk0f{dtbftfx?nf0{xflb\$ w6ojfb 1fkg ub} hgkl'tlgw lj xlgf]sf]cj:yfdf ; d] hgck]ff jdf]hd sfo{; Dkfbg u/L hg; xeflutfdhs k4ltaf6 ljsf; lgdf0f tyf ; j]f k]fxnf0{lg/Gt/tf lbg ; kmn ePsf]df sfo\$fl clws]t nufotsf ; Dk0f{sdcf/l ldqx?nf0{xflb\$ w6ojfb 6qmfpg rfxG5'.

j]SInks /fhdfu{ P]txfl; s rGb]hoff]t kfj/ xfp; , kl; 4 wfd\$ lty{yn blif0fsfnl dlGb/, lnIR5lj sflng P]txfl; s kf]f]ofs lzv/fk/L gu/L, k/Dk/fut xl/zs/ hfqf, y]l gfr, sflts gfr, nfv]gfr, ah0f]jgl hfqf, uf0{hfqf h:tf k/fk] \$fn b]yl rnl cfPsf k/dk/fut gfr Pj +hfqfsf sf/0f o; gu/nf0{; f:s]ts gu/lsf]?kdf klG lrgG ; lsg5 . sf7df8f\$] \$ gf/fo0f d]llo\$]Ps

z]fgf/fof0f dIGb/, af4 wdf{nDax?sf] cWoog tyf cg;Gwfgsf] ?kdf /x\$] kljq lty{ :yn uf]vgfy, kb& Dej ukmf, ahpf]ugl dIGb/, uf]kfnZj/ dIGb/, krnl e}a nufPtsf yk}d7 dIGb/ / uDax? /x\$]o; gu/L wld\$ b[i6sf0fn]klg TolQ g}kl; 4 /x\$]5 . piff d0fsf]b/af/, af0f;/sf] b/af/, ## s0l b]b] tfsf]af; :yn emDsZj/L dIGb/, led;g dIGb/, rfsf0 b]L, rDkfb]L, blif0f uf]fj/L, blif0f dgsfdgf, s6jfn bx, ulg tf/f nufotsf kljq wld\$ Pj +ty{ynsf] ?kdf /x\$]o; blif0fsfnl gu/kfnsf ;fdlhs ; b0fj / ; lxi0ftfsf]j hf0 pbfx/0fsf] ?kdf /x\$] Joxf]f oxfk?nf0{ cjut g}5 .

o; dxTj k0f{cj;/df, sxl cToGt}ulDe/ tyf sxl ; fble\$ lj ifox?df d oxfk?sf] Wofgfsif0f u/fpg rfxG5' M

- :yfglo txsf] ; xh ; #fngsf] nflu clgjfo{df]gPsf] :yfglo tx ; DaGwL lj w0s cfhsf] ldt ; Dd klg Joj:yflksf ; #b0f lj rf/flwg /x\$] o; u/L k]s[ts >f] tyf lj Qlo cf0f] ; G ; DalGwt sfg0 nufot :yfglo tx sf0f]ogsf] nflu cf]Zos sfg0x? cem}Dd kfl/t xg g; s\$]sf/0fn]hgck]ff jdf]hd sfo{k0f]sf/L agfpg ; lPsf]5g . ctM d o; }; ef dkmf ; DalGwt lgsfosf]Wofgfsif0f u/fpg rfxG5' .
- gu/kfnsfx?n]k]t ug]/lhi6Zg / k]s[ts >f]sf]j fBkmfB jkt k]t ug]/sd xfn k]ngdf /x\$]b/sf]cfwf/df ge0{gu/kfnsfsf] >f] / ; fwgsf]k0f] ePsf]lx; ; fsf]cfwf/df pNn]vt >f]x?sf]/sd jfBkmfB xgkg]dxz; ul/Psf]Joxf]f o; ul/dfdo ; efd /fVg rfxG5' .
- ;fj h]gs k]f]f/, vNnf lf0, v]hsb tyf dgf]-hg :ynsf] Joj:yfkg gu/kfnsfsf] k0v b]loTj xf]t/ hlufsf]pknAwtf tyf Joj:yfkg o; sf]klxnf]zt{xf] . ;fj h]gs hlufsf] ; Af0f tyf p0f]sf]lhDdf gu/kfnsfx?n]k]t ug]x0f To; hldg gu/n]hgtfsf]ck]ff adf]hd rfx\$]lj sf; lgd0f ug{; lsg]lgt ln0G5 . hluf vl/b u/L o:tf k]f]f/ lgd0f ug{lgs}dx0f xg hfG5 . ljutdf :yfglo :jfoQ zf; g P0n]:yfglo lgsfonf0{k0fg u/sf]of]clwsf/df xfn ; /sf/n]hf/L u/\$]kl/kqn]csz nufPsf]5 . pQm kl/kq cljnda lkmf{Ing / gu/kfnsfsf] cf0f]lj sf; lgd0fdf ;fj h]gs hlufsf]k0f]sf]dfu{kz:t ug{hf0bf/ cf]fh p7fpg rfxG5' .
- blif0fsfnlsf]P]txfl; s dxTj bzfp0g]d7 dIGb/x?sf]cf]Zos k]f]f/x?sf]lj sf; / ; Af0f ug{ g]kn ; /sf/sf ; j}; DalGwt lgsfo ; dl ; fb/ cg/f] ug{rfxG5' .

ca d cf=j=)&#÷&\$ sf]k]lt ; ldlf ; hf]kdf k]t't ug]cgdlr rfxG5' M

- cf=a @)&#÷&\$ df cft/Ls cfo ? ! s/f0 tyf afXo cfd0fgl ?= * s/f0 *# nfv Pj +fhZj jfBkmfB ; d] u/L sh ?= (s/f0 (# nfvsf]ah0 tyf sf0md th0f ul/Psf]lyof]. cfly\$ aif{ ; DkGg ge0; s\$]sf/0fn]oyf] cfd0fgl tyf oyf] vr\$]lj j/Of kz ug{; Dej ePg t/ klg cft/Ls cfo tkm{cgdf]gt &* kl]tzt tyf afXo cfo tkm{!)) kl]tzt ; sng ePsf] ; fy}vr{ tkm{cfly\$ aif\$]d; f0t; Dd rfn' vr{ () kl]tzt tyf k]lut vr{ *% kl]tzt xg} ; zflwt cgdfg ul/Psf]5 .

- ; ldt >fj tyf ; fwg xg]xfdf]h:tf]lgsfodf kFlut vr{6o9 xg' cTo6t bMvb lj ifo xf]. kfo ; DkOf{sfo{pkefQmf ; ldt dfkmf xg]ePtklg ; dod}; Demf]f gxg] nfut ; xeflutf h6fpg sl7gf0{tyf k7sl ljgf sfd ug{g; Sg}cj:yf Pj +; dod}k7sl km5df6 gug[k] [tsf sf/Of cfzfltt kψlt xfi; n ug{; lsPsf]cj:yf 5g . lgdff Joj ; fol dfkmf ul/g]sfoff klg lgdff Joj ; folsf]sfd cfu6g]t/ sfd gug[k] [Q, ; dodf 7\$sf a6bf]:t gxg] ; dodf sfo6md :jlsf gxg] tyf lgdff ; fdfullsf]cefj Pj +56f]z? ePsf]dg;g ; d]sf]sf/Ofn]o:tf]kl/l:ylt kg{ uPsf]5 . o; nf0{ulDe/ ?kdf dgg u/L cfufdl lbgdf hgkl|t|glwx? ; d] kl/rflnt e}k6fj sf/L cgudg ub{kFlut vrdf pNnVo kψlt ug]cfzf tyf ljZj; lbnfpg rfx65'.
- lj lQo cgzf; g tkm{lj rf/ ubf{; ldlff cj lwdf sh a7h'@,#,(*!.- sfod /x\$df rf n' cf=a df ^!,*) ÷- km5df6 ePsf]b]v65 eg]; fdfhs ; /lff eQsf]l9nf]lgsf; Lsf sf/Of h]7 gful/s, Psn dlxf, ckfEutf ePsf JoLstx?nf0{; dodf k6fj sf/ ; Jf lbg g; lsPsf]cj:yf 5 . rfn" cfly\$ aif\$]cfJoosf]nyf kl/lfOf dxn]yf kl/lfssf]sfoffoaf6 ; DkGg xg]; awf]lgs kfj wgn] ubf{cfufdl lbgdf cfly\$ cgzf; g sfod ug] s/fdf ; wf/ cfpg] / sfoffosf cfl6t/s nyf kl/lfOf zfvf nufot c6o cfjZos zfvf u7g u/L sdff/l lfdtf lj sf; ul/g5 . ; Dal6wt zfvf tyf sdff/l sf] lfdtf lj sf; xg hfg]ck]ff lnPsf]5'. o; sf cnfj hgkl|t|glwx?n]e]6frf/df z6o ; xgzlntsf] gllt lng] kOf u/\$f] sf/Ofn] ; d] lj lQo cgzf; gdf ; wf/ cfpg] s/fdf d ljZj:t 5'.

pkl:yt ; DkOf{dxfg'efj x? M

cf=j=)&\$÷&% sf]j h6 thdf ubf{b]fosf lj ifox?nf0{k6v glltut dfu6z6sf]?kdf cj nDag ul/Psf]5 M-

- gkfnsf] ; ljwfgn] lgb]zt u/\$f] :yfglo txsf] sfd, stfo tyf clwsf/ ; Dal6w lj ifo tyf kfyldstfx? .
- gkfnsf] ; ljwfgsf]cg; rl * tyf (n] :yfglo txsf] nflu tf\$]sf]/h:j kl/rfng ; Dal6w vfsf, vr{lhDd]f/l sf] lfg, c6t/; /sf/l x:tf6t/Ofsf]lj ifo tyf :yfglo txsf]COf ; Argfsf] :j?k .
- o; gu/kflnsfsf]hg kl|t|glwlsf]?kdf hgtf; E dt dflbf JoQm u/\$f kl|tj 6tf kq tyf ; do ; do hgtf; E u/\$f argj 6tfx? .
- rfy]of]hgn]lglb{6 u/\$f nlo Pj +p2]ox? ; fy}lbuf]lj sf; sf]/Ofglltn]c^u]sf/ u/\$f tYo, ; rs Pj kfyldstfx? .
- gkfn ; /sf/, cy{d6qfno, /fli6o of]hgf cfof], ; ^3lo dfldnf tyf :yfglo lj sf; d6qfno Pj + lhNnf ; d6jo ; ldltsf] sfoffo, sf7df8faf6 kft xg]lj le6g lzif\$sf ah6, dfu6z6 Pj + lgb]z6? tyf ; emfj x? .

- ;^alo dflndf tyf :yfglo ljsf; dGqfno / gu/kflnsfsf alr ;DkGg sfo{ ;Dkfbg ;Demfjfn]kl/nllft u/\$f ;rsx? .

cj d xfdln]cfufdl aif\$]nflu k|tfj u/\$f]cfoJoosf]vssf / xfdln]pRr kfYldstf lbPsf sxl lj ifoxsf]af/df k\$z kfg{rfxG5'M

- Joj:yfllksf ;#bdf k|tt cfufdl cfly\$ aif\$]jhø jStJosf ;fy k|t ePsf]lj|Qo ;dfgls/of cgbfg tkm{!% s/f\$ / ;zt{cgbfg & s/f\$ ^^ nfv cgbfg /sd k|t ePsf] Joxf]f o; ;efnf0{hfgsf/l u/fpg rfxG5' . o;}u/l ;fxl jhø jQmJosf]ljleGg aBfx?df :yfglo txdx x:tfGt/of xg]elgPsf sfoQmdx?sf]nflu ;fxl jdf]hd ;zt{cgbfg tyf ;dfgls/of cgbfgdf /sd ;dfolfhg ul/Psf]blvPsf]5 . o;sf]cnfjf jhø jQmJodf gu/kflnsfsf]xsdf sg}klg lj ifout sfof]on]sfof]og ug{Ps s/f\$ eGbf ;fgf]jhøsf sfoQmdx? gu/kflnsfdf x:tfGt/of xg]/ gu/kflnsfn]dfu u/df ;fxl sfof]ox?n]k|jlws ;xfotf pknAw u/fpg]elgPsf sfoQmd s]slt x:tfGt/of e}cfpGg tyf o;n] gu/kflnsfsf]jhø l;ln^adf s]s:tf]køfj kf5{egl cfh Plsg ;fy jtfpg ;lsg]cj:yf g/x\$]x\$ oyfy{jhø o; ;efdf k|tt ug{g;lsPsf]Joxf]f cjut u/fpg rfxG5' .
- ;zt{cgbfg :j?k k|t ? & s/f\$ ^^ nfv af6 ;#fng ul/g]sfoQmdx? tyf To;sf]nflu nllg]nfut ;d] Plsg u/l lj|jw sfoQmdx? lglf]kt e}cfPsf];Gbedf pOm sfoQmdx?nf0{x}x' :jlsf ul/Psf]5 .
- gkfn ;/sf/af6 ;dfgls/of cgbfg :j?k k|t ePsf sfoQmdx?df o; gu/kflnsfsf]lfq leq nfu"ePsf sfoQmd tyf To;df ;fljs tyf cfufdl cfly\$ aif\$]nflu k|tfljt /sdsf]cs olsg ug{;lsPg . ctM ;dfgls/of cgbfg tkm{;dfjz ePsf ;DkOf{sfoQmdx?sf]nflu ;fl]sf]Joj:yfkg ug{PsdI6 ?kdf ? !% s/f\$ ljlgof]hg k|tfj u/\$f]5 .
- o;}u/l j8f sfof]on]kfYldstf t\$]f lfQx?df sg}x/km] gu/l of]hg :jlsf ug{u/l k|t j8fdf sltdf %% nfv bvl a9ldf ! s/f\$!% nfv ahøsf]Joj:yf ldnfPsf]5 . pOm /sd kzf;gls vr{afx\$sf]ljjsf; jhø xf]. kTo\$ j8fdf pk/fQm ahø ljlgof]hg ul/Psf]xf].
- :yfglo lgsfo >f] kl/rfng sfof]lwsf]cjndjg ul/Psf o; k]{ul/Psf gu/kl/ifbaf6 kFlut ahøsf]#% k|tzt /sd 5\$0{dlxnfsf]lfQdf !) k|tzt, afnaflnsfsf]lfQdf !) k|tzt tyf cGo nllft juQf !% k|tzt /sd ljlgof]hg ug{ul/Psf]lyof]t/ :yfglo ;/sf/sf]?kdf 7hf]kl/df0df >f] kl/rfng u/l jhøsf]jf8kmf8 ubf{;fxl ckgktdf /sd ljlgof]hg ug{;ej ePg t;y{;dfjzljjsf;sf dflWod4f/f ;dbfo:t/ ;Dd lj:tf/ ePsf lfdtf ljjsf; tyf kjwGf]ds sfoQmdx?nf0{lg/Gt/tf lb0g5 .
- o; k]{afndQl gu/kflnsf agfpg]k|ta4tf hgfPsf gu/kflnsfx?sf]xsdf afnaflnsfsf]lfQdf yk % k|tzt >f] ljlgof]hg ug{kg{k]jwfg lyof]. blif0fsfnl gu/nf0{afndQl gu/agfpg]xdfdf];femf k|ta4tf xf]. afndQl gu/agf0G]lgl In0G5 .

- ofhgfa4 lj sf; sf]dfudf blif0sfnl{cuf18 j 9fpg]k0f; ;j?k Plsst gu/ lj sf; ofhgf th0f ug]lgt ln0g]5 . o; ofhgf b:tfj]hn]cfly\$ lj sf; , e"pkofu ofhgf, ko6lso lj sf; sf] sf0ofhgf nufotsf & j0f gllt b:tfj]hnf0{ ; d0g5 / of] b:tfj]h ; d4 blif0sfnl]alnof]hu ; flj t xg5 .
- blif0sfnl Pp0f Pl]txf]; s tyf ; fS[ts zx/ xf]. xfdl ; s[tx? dt{dfq}5gg\cdt{klg 5g\ . ljleG hft hflt, hghflt tyf efiff efil]sf cf0g]df]ns ; f:s[ts w/fx/x? 5g\ . lolgx?sf]; Af0f, lj sf; tyf kjw0 ug{xfdl ; a\$]; fem st{0 xf].
- ; du|v]hsbsf sf0mdx? ; #fng ug{ v]hsbsf kj]fxf/x? lgdf0f ug{ tyf kltof]utfx? cf0ofhgf ug{; 3fpg]; d]sf v]hsb ; Dalw lqmf]snfk ; #fng ul/g]lgt ln0g]5 .

cjndag ul/Psf dxTjk0f{ tyf dfu0z\$ glltx? M cfudl cf=a= sf] ah0 th0f ubf{ln0Psf dxTjk0f{lf0ut glltx? o; k\$]/ 5gM

kj]fxf/ lj sf; lf0sf gllt tyf sf0mdx? M

- ◆ ut cf=a= df ; #fngdf /x\$] ofhgfx?nf0{kfyldstf}/fvl ; DkGg u/lg5 . o; nf0{; Daf]vg u/L ; flj s blif0sfnl gu/kflnsf leqsf ; 8sx?df nut s\$]sf]nflu kxn ul/g5 .
- ◆ \$ lkm6 e0f clnf, e\$Dklo b[6n] hf]vd o0m kvf]x? Pj +sRrf Isl; dn] lgdf0f ePsf kvf]nf0{ejg lgdf0f dfkb08 cg; f/ ul/g5 . Ps 3/ b0{?vsf]gllt ln0g]5 . o; n]xl/ofnl o0m blif0sfnl sfod /Vg d2t kl]g]b]v65 . k]0lf /f]huf/L ; hgf ug]sd]tdf Ps cf0ofhgf dlxf s}; xeflutfdf dfq ; #fng ug]lgt ln0g]5 .
- ◆ Itj | ; x/ls/0fnf0{Jo] :yfkg ug{ kj]fxf/ ; #rgfx? ; f]xl j df]hd lgdf0f ug{Pj +blif0sfnl]sf] cfly\$ lj sf; df 6]f lbg blif0sfnl gu/ lf0 leq r0mky /]f^\$g ; DkGg ul/g]5 .
- ◆ blif0sfnl gu/sf ljleG ; fj]h]gs oftf0tsf] ?6 lgdf0f u/L ; fj]h]gs oftfoft ; #fngsf] kxn ul/g5 .
- ◆ ; f0{ ; 8s j Ql h8fgnf0{ cleofgsf] ?kdf cuf18 nlug] 5 . o; u/L uf]d0f lj B'tls/0fnf0{ kfyldstf lb0g5 .
- ◆ hg; s} lzif\$af6 ah0 ljlgofh]g ul/Psf] ePtfklg hg cfly\$ aif\$] nflu ah0 ljlgofh]g ul/Psf] xf] ; f]xl cfly\$ aif0f cf0ofhgf ; DkGg ul/; Sg' kg] gllt ln0g5 . cf=a= sf] r0 d; f0t; Dd ; Dem]f u/L sf0f]og cl3 ga9\$] pkef]mf ; ldt dfkmt ; #fng ul/g] ofhgfx?nf0{/sd]f]t/ ug]lgt ln0Psf]5 .
- ◆ ahf/, k; n, /]6/f, sf0f]o jf o:t}k\$]/sf ; f0g]f0{ k]f/ ; fdfull tyf xf]8E j]f0] 3/df p]hofnf] tyf xf]fsf]k]fx g]/f\$g]u/\$]b]vPsf]h]o:tf]k]f/ tyf ; s] ; fdfull /Vgsf]nflu dfkb08 tof/ u/L sf0f]og ul/g]gllt ln0g]5 .

- ◆ @ jif{leq hyfefjl cJojl:yt ?kdf /x\$}f] lj B'tlo gf^axf] tf/nf0{Jojl:yt ul/g} . High extension line df gf^axf] tf/nf0{x6f0{sfnf] tf/ /Vg}gllt ln0g}5 .
- ◆ gu/kflnsfsf] eff]ts Pj +; fdflhs ; j]nf0{ckfE d}l agfpb} nlug}5 . ckfE d}l }ofDk lgdf0f]df s]lbt x}kflsE, km}kfy, h}f] qmlz^a cflbdf gd}f ckfE d}l ; Argf lgdf0f ug} glltnf0{lg/Gt/tf lb0g}5 . To:t}; I} oQm }fon nuf0{km}kfy agfpg}gllt ln0g}5 .
- ◆ of]hgfa4 lj sf; sf] dfu}df blif0fsfnlnf0{8f}ofpg}qmdf gu/ oftfof u?of]hgf th}f ul/g}5 . k}t't u?of]hgfn] gu/ leqsf ; 8sx?sf] jlu\$/of, ; 8s clwsf/ l}f} lgwf}of tyf ; dg]of]ds lj sf; df d2t ug}ljzj; ln0Psf}5 .
- ◆ gu/kflnsfsf ; a} j8f s}b}x?; Dd qmdzM sfnf}kq} ; 8s lgdf0f ul/g}5 . gu/:t/lo ; 8sx?nf0{afx}dlxgf ; jf/l ; fwg rNg} u/l :t/f}lgt ul/g}5 . ; a}ufpF a:tlx?df ; 8s ; ~hfn k}of0g}5 .
- ◆ ko}iso k}lrg blif0fsfnl, rDkfb}l, jf0f;/ b/af/, 8f8lv}h, rf}sf} b}l x}k}kg blif0fsfnl dlGb/ x}l}zv/fk/l gu/ ko}g dfu}sf]nful ko}g af}f{nufot ; /f}f/jfnf lgsfo; E ; xsfo{ ul/ lgt ln0Psf}5 ; fy}Hiking root / Trekking Root sf]klg lj sf; ub}n}hfg}gllt ln0g}5 .
- ◆ rfn}gfv}h b}lv 5}n}Ddsf]lgdf0fflw}g ; 8s clanda lgdf0f ; DkG} ug{cfjZos kxn ul/g}sf ; fy}gu/ leq cycling root sf]nful kxn ul/g}5 .
- ◆ सDk0f{gful/sx?nf0{:jR5 lkpg}kfglsf]kxF k}ofpg}gllt ln0Psf}5 .
- ◆ dVo ; fj h}lgs :ynx?df ; fj h}lgs zf}fnosf] Joj:yf ul/g}5 . l; ^axf] gu/nf0{vNnf lb; fdQm u/f0g}5 .
- ◆ gu/kflnsf l}f}leq Pp6f kxf8l gd}f a:tlsf]lj sf; ul/g}5 . blif0fsfnl l}f}nf0{:}lft, Jojl:yt, ; lj wf ; DkG} / cfsif} cfj; s}b}sf]?kdf lj sf; ul/g}5 . }fpg knfg la:tf/sf nflu cfjZos sf}l}lw / dfkb08 agf0{lgodf; f/ Joj:yfkg ul/g}5 .
- ◆ l5d}l gu/kflnsf tyf ufpkflnsfx?; E elugl ; DaGw sfod u/l o; gu/kflnsfnf0{gd}f gu/kflnsf agfpg}gllt ln0g}5 .
- ◆ gu/kflnsfdf Pp6f gu/ ; efux tyf ax2}olo se8{xn lgdf0fsf]yfngl ul/g}5 . k}to}j 8fdf vhf l}f}sf]?kdf kl}g k}f}u ug{; lsg}u/l axpkof}ul v}h}df}lg lgdf0f ul/g}5 .
- ◆ lj B'tlo zf; g tyf ; j}f k}ffnlnf0{k}4g} ul/g}5 . ; fj h}lgs :ynx?df lk} jf0kmf0{0G6/g}f ; lj wfsf]Joj:yf ul/g}5 / gu/kflnsfnf0{Smart City sf]?kdf lj sl; t ul/g}5 .
- ◆ ;/lft zx/ (Safta City) xdf}kl}ta4tf xf} . r}hla}l a}lavg, af}; lsf]cf/fk, 3/h'lx;f, oftgf, ; u}7t ck/fw, afnljjfx, rf}l, 8s}l, 5}f5't, n}us lx;f, of}h}go lx;f, ha/h:tl >d u/fpg} aw}f d}h}, afn>d, cdfgjlo b}Jo}xf/ c}to ug{sf}g} agf0{sf}of}og ul/g}5

. cfktsfnlg cj:yfsf] nflu cfjZos ;/lff k0ffnlsf] Joj:yf ul/g5 . ;ljwfgsf] efjg
adfljhd sfg0{gu/ kx/L ;]fsf]:yfkf ul/g5 .

kmf/dhf Joj:yfkg, jftfj/Of tyf k\$flk Joj:yfkg lqsf glt tyf sfoqmdx? M

- gu/ lqsf] kmf/dhf] dhfsf] lbuf] Joj:yfkgf nflu Joj:l:yt Nof08lkmn ; f06sf] k] fvf/ lgdf0f
ul/g5 . ; a]j 8fdf Joj:l:yt 9n lgsf; sf]lgdf0f ul/g5 .
- 3/h' kmf/nf0{slxg] gslxg]/ kgM k0f] ug{; lsg] tlg txd 3/d}560f0{; f\$]pkof] /
plrt Joj:yfkgf nflu lghl lq / u}; /sf/L lgsfo; E ; femf/L ul/g5 .
- ;fj hlg :ynx2df kmf/dhf kmfNg] ; l'h6o kbfsf] k0f] ug] le0h]vg ug] / dfkb08
lj k/ltsf knfli6s emhf jf jftfj/Ofdf kl'tsh c; / kfg]; fdfullsf]k0f]nf0{ lgif]v ug{kxn
ul/g5 .
- :jR5 tyf x/fe/f blif0fsfnlsf] nlosf ; fy xl/ofnl kj 40 ug{; 8ssf] bfofFafofFa[ff/fk]0f
sfoqmd tyf Ps j8f Ps kfs-epBfg sfoqmdsf]cjwf/Off ln005 . hnj fo' kl/j t0, e\$Dko
k0f] / o; sf]k0f]sf sf/Of kfglsf] >ftdf cfPsf] sdl / hdlg dglsf]kfglsf]; tx 36\$]f
s/fnf0{Wofgdf /fvb}Ps j8f Ps kfv/Lsf]sfoqmdnf0{cjwf/Off ln}ePsf kfv/L, 00f/, s]f,
wf/f, cflbsf]; Af0fdf lj z]f hf8 lb00]5 .
- sxl 5flgPsf lqdf kmf/dhf Joj:yfkg ug{6fh lj sf; ; :yf; E ; xsfo{ul/g}5 . hyfefjl
kmf/ kmfNg]nf0{cfjZos sf/jxl ug{Pp0f cgludg tyf lgu/fgl ; ldl agf0g]5 . kmf/dhf
Joj:yfkg P0, @)^* nf0{s8f0\$; fy sfof]og ul/g5 .
- ufl8 dd; ; ef/ ug]js{kx?n]clgjfo{?kdf cf0gf]k0f]usf] lq kSsl agf0{ufl8n]; 8sdf
lxnf]Nofpg gkfpj]/ dfljn nufot blif kfgl gfnldf k7fpg gkfpj]gllt s8f0\$; fy nfu"
ul/g5 .
- 38]l vfg]sfof0{lg?T; flxt ul/g5 . 38] vfg{cgdlit lng' kg] 7hf]:s]hdf vGg' jf kg{kbf{
jftfj/Oflo cWoog ul/g' kg] tyf 38]l vbf{; 8sdf df6f] /fvG gkf00] gllt nfu" ul/g5 .
hyfefa side track motor bato lgdf0f cfjZotfsf]klxrfg u/] jftfj/Oflo k0f] dNofsg u/]
dfq ul/g5 .
- 9n lgsf; sf]kofft Joj:yf gx0f ; 8sdf kfgl hDg] kmf/ kfgln]; x/ a:tl bilft jgfpj] tyf
afnlsf]pTkfbstj 360]ePsfh]9n tyf 9n kzf]vg lq lgdf0f sfof0{kfyldstf lb00]5 .
- e\$Dkaf6 3/af/ g}udfPsf kl/jf/x?nf0{ejg lgdf0f]sf] nflu ; /sf/n] tf\$]f gS; f lgdf0f
tyf gS; f kf; sf nflu nflg]zNs ldfxf ul/g5 . e\$Dk k0f]t kl/jf/x?sf] kg{yfkgf]sf]
nflu hllj sfkfh0 sfoqmdx? th0f u/L sfof]og ul/g5 .

- blif0fsfnl gu/ lfg leqsf cgt/fli60 ?kdf k\oft JolQm tyf JolQmTjx?sf]; xofu Inb}kgM lgdf0fnf0{ultlzn agf0g5 . kgM lgdf0f lfgsf ; d:ofx?sf]lg/fs/Of ug{sfo0n tyf sfo{ 6fhlx?sf]lgdf0f u/L ; dbfo :t/df g}v6f0g5 . eSDkaf6 lftu|t ; fj hlgS ; Argfx?sf] Joj:yt kglgdf0fsf] sfo{ tTsfn cuf18 a9fpg] / @ aif{leq kg{lgdf0f u/L ; Sg] lgt ln0g5 .
- ljkB Joj:yfkgSf] nflu ; :yfut ; Argfx? ; b0 ub}; eflj t ljkB\hfl]vd klxrfg u/L kJ{ t0f/Lsf] nflu cfjZos sfo{ul/g5 . cfktsflng vfh, p4f/, /fxt tyf kglgdf0fsf nflu cfjZos k06w ul/g5 . ljktsf]; dodf k0fu ug{sf]f v8f ul/g5 . Joj; flos ; dflhs pQ/bf0tj cgtu|t lghl lfg, uX ; /sf/L lfg / c6o ; /sf/L lgsfox?nf0{klg o; sf]fdf ofubfg ug{k|/t ul/g]5 .
- bdsnsf]Joj:yf u/L cfktsfnlg k0fusf nflu tof/L cj:yfdf /flvg5 . bdsn Joj:yf ug{ pkTosfsf c6o gu/kflnsfx?; 6 ; fem0f/L u/Lg]5 .
- gu/ lfgleq /x\$]jglfg ; Af0f ul/g5 . jgsf]lbuf]pk0fusf]nful axpkofu|l la?jf pTkfbg g; lL lgdf0f ul/gsf ; fy} Joj:yfkgSf] nflu ; dbfodf cfwl/t jg Joj:yfkgnf0{ k04g ul/g5 . ; 8ssf bfof0f0fFlaleGg khfltsf ?v tyf kmhx? /fkl Green City sf]cjwf/Off cg?k ljsf; ul/g5 .
- jfo' k0if0f, e" k0if0f, Wjgl k0if0f lgo6q0fsf nflu cfjZos gltx?sf] th0f u/L k0if0f dQm jftfj/Of d0l gu/sf]?kdf cuf18 a9f0g5 .
- gu/lfg leqsf]h]s ljljwtf / h}ls rqm cWoog u/L To; sf]; Af0fsf]nflu cfjZos P0 lgod ofhgf agf0{sfof]og ul/g5 . ; fy}hnjfo' kl/j0n]kf/\$f c; / / k0fj sf]cWoog u/L hnjfo' cgshg ofhgf lgdf0f u/L sfof]og ul/g5 . Clean City sf]cjwf/Off cg?k 60g sf]g pT; h0sf]nflu glt agf0{sfof]og ul/g]5 . uf0/lof; , ; fihf/ nufot ; kmf phf{/ a\$]Nks phf{lj :tf/nf0{kf]; fxg ul/g5 .
- o; gu/kflnsf leq sxl lfgnf0{klxrfg u/L a[ff/fk0f ug] sfo{cleofgsf] ?kdf cuf8l a9f0g5 . o; gu/kflnsf leq /x\$:jf:y rf\$lsf]; wf/ ub}zx/L :jf:Yo lSnlgS :yfkgf ul/g5 .
- xfn sf7df8f]pkTosf vfgkfgl lnld60n]o; gu/fkflnsfaf6 vfgkfglsf]dh >f] tyf hnfwf/ lfgdf /x\$]kfgl laqm u/L /sd kf|t u/\$fh]pQm /sdaf6 ; f]k0flj t lfgdf vfgkfgl lj t/Of ug]To; ; :yfsf]lhDd]f/L ePsf]xbfF; xsfo\$]dfWodaf6 o; gu/sf]vfgkfgl Joj:yfkg ug] lgt ln0f]sf]5 .
- kmf/ dhf pTkfbgdf sdl (reduce), kzfWg (Recycle), kg k0fu (Reuse) nufotsf sfoX?nf0{ 6fh / j8f b]l g}kf]; flxt u/L a]flgs / Joj:yt kmf/ dhf ; sng / Joj:yfkgSf]sfof]og{cuf8l a9f0g]5 . of]sfof] 6fh ; wf/ ; ldit, Sna, ojf ; dx nufot ; dflhs ; 3 ; :yfx?sf]; lqmotfnf0{kf]; flxt ul/g5 .

- slxg] tyf gslxg] kmf] / Joj :yfkgsf nful land field site sf]Joj :yf ul/g5, knfli6s emf]hf k0f]unf0{lg?; flxt ul/g5 .
- df6f] 9Ef, afn]f / lu5l h:tf vlghh6o tyf k\$[th6o pBf] ; #fngsf] nful pBf]sf] cfsf/k\$ / x]l kf] / Des jftj / oflo kl / lfof (IEE), jftj / of k0f] dNof\$g (EIA) clgjfo{ ul/g5 .

:yfglo cfly\$ lj sf; ; u s0blt glt tyf sfo0mdx? M

- ◆ cfufdl cfly\$ aifdf blif0fsfnlsf] lj sf; df lj utdf ; fy / ; xof] lbPsf tyf cfufdl lbgdf xfdlnf0{; xof] ug{OR5s bft]gsfox?sf]; Dd]hg cfof]hg ul/g5 .
- ◆ v]llo]o e'ddf l; #f0{; ljwf lj :tf/sf] nflu :yfol >f]x?sf] klxrfg tyf lj sf; ul/g5 . l; #f0\$] Joj :yfkgsf nflu knfli6s kf] / L, cfsf;] kfgl ; sng u/L e08f / of, l: k\$ n tyf yf]kf l; #f0{h:tf pko0m klj lwx?sf] lj :tf / ul/g5 .
- ◆ Joj l:yt au]f / u0f: t / ; wf / df ; xof] ub]o; l]qnf0{nk; l / gf: kftlsf] ks0 l]qsf] ?kdf lj sf; ul/g5 . s[ifh6o pTkfbgx?sf]; / lft e08f / ofsf nflu lr: ofg s]b] l]gdffdf lghl l]q / ; xsf / lx?nf0{kl] / t ul/g5 .
- ◆ dn, alp, l; #f0{ klj lw / s[if pkhsf] ahf / sf] nflu ahf / kxF lj :tf / ul/g5 . s[if klj lwssf]; j]nf0{ s[ifssf]; a{ he kxFsf nflu j 8f: t / d} k0f0g5 .
- ◆ cfwlgs Joj l:yt kz' jwzfnf :yfkf / l]gdff ug{df; 'Joj ; folx?sf]; xsf / l l]gdff ug{kl] / t ul/g]5 . o: tf]; xsf / ldf gu / kflnsfn] 6f\$g dgl k0fg ug5 .
- ◆ hluf hldg sd ePsf zx / l l]q]x?df sf] l v]l, udnf v]l, s /] faf / l nufotsf zx / l s[if k0ffnlnf0{k046 ul/g5 . s[if of]o e'dl afem] / fv]g] sfo0nf0{lg?; flxt ul/g]5 .
- ◆ gu / l]q] भत्र उत्पादन हुने तरकारीहरुको सामुहिक बिक्री बितरणको लागि संकलन केन्द्रहरु, ; fdlxs pBd tyf pTkfbg sfo{ ug{ cfjZos :yfgx?df ; femf ; ljwf s]d, n3' ; fgf tyf 3 / h' pBf]x?j f6 pTkflbt ; fdfg lj qml lj t / ofsf] nflu laqml slf tyf sf] hl 3 / :yfkf ul/g5 .
- ◆ blif0fsfnl l]qnf0{ wld\$ ko6slo u6tJosf] ?kdf :j b]l tyf lj b]l ko6sx?sf] cfsif0f s]b]sf ?kdf lj sf; ul/g5 . blif0fsfnl ko6g lj sf; sf]yk dfu{lrq sf] {ko6g u? of]hg l]gdff ul/g] lgt ln0g5 .
- ◆ o; zx / nf0{ snf ; fwsx?sf] u6tJosf] ?kdf lj sf; ug{ ; ultsd] { dl't\$ / , lrqsf / x?sf] hd36 u / f0{ snfsf]; hg] xg] dhf kj] ?sf] cfof]hg ul/g]5 . slj ; Dd]hg tyf ; flxtos ufl]i7x? ; d] cfof]hg ug{gu / kflnsfn] tt \lf]sf ; 3 ; #yf; # ; fem]f / l ul/g]5 .

- ◆ gu/lf0sf] P]txf] ; s, wld\$ tyf k/ftfl]s ; Dkbfx?sf]yk phfu/ / ; Af0f u/l ko6slo gu/sf] ?kdf /fli60 klxrfg agfp5} blif0sf]nlnf0{gkfnf}k0v wld\$ ko6slo u6tJosf] ?kdf lj sl; t ul/g5 .
- ◆ blif0sf]nlnf]7hf]jg lf0nf0{s[gd tfn, af0flgsn kfs{; lxtsf]dgr]-hg kfs{lgdf0f u/l ko6g cfsif0f s0b\$] ?kdf lj sl; t ug{; DefJotf cWoog ul/g]5 . o; sf]nflu c6t/fli60 ; xof0sf] cfx]fg ul/g5 . ; fj hlgf lghl ; fem0f/ldf sf]xl nufgl stf{nufgl ug{OR5's ePdf cfjZos ; xlhs/0f ul/g5 .
- ◆ gu/ lf0sf]pko0m :yfgx?df ko6g ; hgf s0b|:yfkf ul/g5 . xjfkfgl ; xfp0f]lrl8ofvfgf lgdf0f]sf] ; DefJotf cWoog ul/g]lgt ln0g5 .
- ◆ pBf0l Joj ; folx?sf nflu nufgl0l jftfj/0f l; h0f ul/g5 . @% hgfe6f al9nf0{/fhuf/l lbg]pBf0, Joj ; fox?nf0{ ; xlnot b/df 56sf] Joj :yf ul/g5 . To:tf pBf0sf :yfkf / ; #fngsf nflu cfjZos kg] ; 8s, kfgl tyf lahhlsf]Joj :yfkdf ; xlhs/0f ul/g5 . Ps ufpPs pTkfbg, Ps j8f Ps klxrfgsf]cjwf/0ffnf0{k04g ul/g5 .
- ◆ P0 lgodfjnl agf0{ ; xsf/L ; 3 ; :yfx?sf]btf{glj s/0f lgodg ul/g]5 . gful/sx?sf]a\$ tyf ; xsf/Lx?df ; xh kx0sf]nflu cfjZos glt agf0{sfof]og ul/g]5 .
- ◆ ; xsf/L lf0nf0{ cfly\$; d[4, hgtfsf] hljg:t/ j[4 of] gf/fnf0{ ; fy\$ agfpg s[lfsf] Joj ; flos/0f / /fhuf/l clej [4sf]dWodsf ; kdf cufl8 lgt ln0Psf5 .

:fdflhs lj sf; lf0sf gltx? M

- ◆ laifout lgsfo s[lif, kz', lzlf, :jf:Yo h:tf lgsfox?nf0{gu/kflnsfsf] >f] ; fwg adf]hd sfo0md ; #fng ug{klyldstf lb0g5 .
- ◆ blif0sf]nlnf gu/kflnsf ; g\@)!& b]l gu/kflnsfnf0{afn d0l gu/ agfpg] cleofg yfngl u/\$f]5 . o; cleofgdf ; dfhsf ; j}ju{/ ; dbfox? xft0fnf]u/l kl/rflnt ePsf 5g\ . xfd]xfn; Ddsf]k0lt pT; fxhgs /x\$]5 . t/ gu/kflnsfn]of]nlo tf\$]sf]; dodf ; Dk6g ug{ ; Sg] cj:yf b]vPsf] 5g . ctM of] nlo ; g\@)!* ; Dddf xfl; n ug] c7f0 u/l tbf?kstfsf ; fy sfo{Dkfbg ul/g5 .
- ◆ gu/kflnsf leq ; #fng xg] sfo{ tyf s0fsnfkx?df afn >ldssf]k0f] / kl/rfngnf0{ lgif] ul/g] gltnf0{lg/Gt/tf lb0g]5 . gu/kflnsfsf j8f leq /x\$] j8fx?nf0{afn>d d0m 3f]f0ff ug]cleofgnf0{ltj tf lb0g]5 .
- ◆ gu/ :jf:Yo s0b\$] Joj :yfkf, :jf:Yo rf\$lx?sf] ; '-; #fng, lfdtf lj sf; tyf dlxnf :jf:Yo :j o+; lj sfx?sf] lfdtf lj sf; df ; xof] k0fpg] nufot ; du| :jf:Yo lf0sf]lj sf; ug]lgt ln0Psf]5 .

- ◆ gu/ lfg leqsf ; j}afn ljsf; s|bx? tyf lghl d66zj /lx?sf]; lrsf / cgludg ug{k4lt nfu" ul/g5 . x/3 ; fdbflos ljBfnodf kf/Des afn ljsf; s|b| tyf kj{kfylds slff ; #fng ug{kf]; fvg ul/g]5 / tl s|bx?nf0{afnd}l gu/ :yfkgsf]; 's jdfllhd s|fsnfk ; #fng ul/g]5 .
- ◆ ljBfno egf{b/ a[4 ug]tyf 5f8g]b/ Gog ug{ljbfnog egf{cleofg / ljBfno hfgsf nflu kl/t ug{ljlgeg sfoqmd ; ~rfng ul/g]5 . ; fy}; /sf/L, /fli60 tyf cgt{fli60 u} ; /sf/L ; :yfsf]; xofu, ; dgjo / ; xsfof cfrfl/s lzlffaf6 algrt afnafnsfx? nufot cgosf nflu cgrfl/s lzlff slff ; #fng ul/g5 .
- ◆ ojf judf nfu' kbfy{bjo{g klrt ; hutf, /f3yfd tyf lgo6q0fsf]nflu hgr]gfdhs lazif sfoqmdx? ; #fng ul/g]5 . n]Es cNk; Wosx?nf0{ cfd; Ddfgkj \$ hljg ofkg ug{ ; Gbzdhs sfoqmdx? ; #fng ul/g5 .
- ◆ Psn dlxf, ckfEtf ePsf JolQm, 464 lk8lt, 3/jf/ ljlxg tyf clt ul/a nufot cfly\$, ; fdfllhs ?kdf k5fl8 k/3f kl/jf/sf ; b:ox?nf0{ :jfhuf/dhs tfnd ; #fng ug] lgt ln0Psf]5 .
- ◆ gu/kfnsf leqsf ; fdbflos ljBfnox?df z]lfs uof:t/ sfod ub] ljBfnosf nflu ; /lft ejg, kofkt kmkg/, k:tsfno, z]lfs ; fdull, kofuzfnf, vfgkfgl, 5f95f9fsf nflu 5\$5\$} z]fno, v]hsbsf] Joj:yf, 0{nf0a/L tyf ; /; kmf0{ cflbsf] k6w ljBfyl{ ; Wofsf] cgkftdf ul/g5 . z]lfs lfnf0{/fhgllts x:tlfkdOm agf0g5 . ljBfnof0{zflgt lfg agf0g5 .
- ◆ o; gu/kfnsf leq /x3f ; :yfut ljBfnof0{klg uof:t/lo lzlffsf nfu Joj:l:yt agfP/ nlug5 .
- ◆ Jojxfl/s lzlff lgt, kljlws lzlff koffnl, s[lf lzlff koffnl, lhjgkof lzlff koffnl lgt ckgr0g5 .
- ◆ :j:y zx/sf]cjwf/0fnf0{cuf18 a9fp5}; jf:Yo rf3lx?df @\$; }306f cfsl:ds ; jf ; ~rfng ug] lgt tyf ; jf ; lglZrt ePsf]kofuzfnf, PS; /] kofkt cfrflwsf] Joj:yf u/l cfwf/et / kfylds :jf:Yodf ; a\$] kxF ; lglZrt ul/g5 . cfo]l]bs, xfl]doff]oflys, kfs[ts lrlst;f nufotsf kflnt :jf:Yo pkrf/ ; j]fsf]kj c6 ul/g]5 .
- ◆ cfrfl/s lzlff ; #fng ul/Psf] ljBfnof0{df kljlws lzlffnf0{ ; d] ; dfj z ug{ ; Dalwt lgsfox?; # cfj Zos ; dgjo / ; xsfo{ul/g5 .
- ◆ nllft ju{x?nf0{ljsf; sf]dhkjfxdf Nofpg ; xhls/0fsf nflu gu/kfnsfdf dlxf ; dx, ojf ; dx, blnt ; dx, cflbjf;L hghflt ; dx / 6fh ; wf/ ; ldltx?sf]u7g ul/g5 . ; dxsf] sfo]lw gu/kfnsfn] :jlsf u/l nfu' ul/g5 . nllft ju\$] ah6 sfof]og / To; sf] cgludgf o:tf ; dxsf]j8f / ; ldltn]kl/rfng ul/g5 .

- ◆ dlxnfsf] 1fg, l;k, lfdtf / of]otfsf] klxrfg u/L ; DefJotf klxrfg u/L :j/f]huf/ dhs tflnd k}fg u/L pBdl, Joj; fol agfp} / gu/leq /x}f pBf} tyf Joj; fox?df sDtdf @% kl|ztz gu/af; lnf0{ /f]huf/L lbg] Joj:yf ul/g} eg] ; a} lfd} sDtdf ## kl|ztz dlxf ; xeflutfsf] xsnf0{ ; lglZrt ub}nlug} . ; dfg sdfs] nflu ; dfg Hofnf glt s8f0}f ; fy sfof] og ul/g} .
- ◆ o}fx;nf0{; kfgt/Ofsf ; jfxs / g}Tj sf ; fem}f/sf]?kdf ljsf; ub}; fdfhs, /fhgllts / cfly\$ lfgsf ; du|lhDd]f/L ; Dxfng o}f g}Tj ljsf; ul/ o}f :j/f]huf/ sfo}md ; #fng ul/g} ; fy} pBdlzntfsf] k}wg, thg}ds nsesf lfgx?sf] vf]hl / klxrfg tyf Joj; fo yfngl k/fdz{s}b|nufotsf sfo{ul/g} .
- ◆ blnt ; dbfo leq /x}f]k/Dk/fut ; lknf0{cfwlgsls/Of ub}; yfglo >f} ; fwgsf] pkof} ub} hgr}gf clej [4 / /f]huf/L d}kmt pglx?sf]; xefultf clej [4 u/fpg] glt ln0} .
- ◆ snfsf/, v}hf8L, ; }6f, ; s[t]sdL{ ldl8ofsdL{/ ; a} lfgsf cu}f / ; dfh;]lx?nf0{; Ddfgsf ; fy ; fdfhs cleofgd} pTk|/t ul/g} . /fli60 tyf c}t/fli60 ?kdf bllf0fsfnlnf0{lrgfpg] o:tf ; }6fx?nf0{plrt ; Ddfg ug}lglit ln0} .
- ◆ h}7 gful/s, Psn dlxf, c; Qm ckfE / afnaflnsfnf0{g}kn ; /sf/jf6 k}fg ul/b}cfPsf] ; /lff eQf ; dod}; he tl/sfjf6 pknAw u/fpg] Joj:yf ldnf0g} . h}7 gful/sx?sf] 1fg cge}nf0{pkof} ul/g] sfo}mdx? ; #fng ub}Ps gu/ Ps Ho}7 :ofx/ s}b}f] :yfkf ug} lglit ln0}sf]5 .
- ◆ dfly pNn]vt ; fdfhs ljsf; tk}sf glt of]hg tyf sfo}mdnf0{ ; kmn ug{ ; fdfhs kl/rfng sfo}mdsf] dxTj kOf{eldsf xg}xBf xfn ; #fngdf /x}f] :yfglo zf; g tyf ; fdbfos ljsf; sfo}md (LGCDP) af6 ; #flnt sfo}md @)&\$ sflQs; Dd dfq >f}sf]; lglZrtf ePsf] xBf pQm sfo}mdnf0{lg/Gt/tf lbgf]nful ; DalGwt ; :yf; E cg/f} ug}lglit ln0}sf]5 .
- ◆ /fli60 c}t/fli60 u} ; /sf/L ; :yf tyf ljsf; ; fem}f/x?; E ; dgjo ug}jftfj/Of tof/ u/L gu/sf]ljsf; df ; xsfo{ug}lglit cjndag ul/Psf]5 .
- ◆ c}gtl/s tyf afx} ko}gnf0{a9jf lbb}sf7df8}sf] \$ gf/foof d}wo}f] Ps z}fgf/fof d}Gb/, af4 wdf}ndalx?sf] c}woog tyf cg; Gwgsf] ?kdf /x}f] kljq lty{ :yn uf}vgy, kb} ; Dej ukmf, ah}f]ugl d}Gb/, uf}kn}j/ d}Gb/, krnl e}a nufPtsf yk}d7 d}Gb/ / uDafx? /x}f]o; gu/L wld\$ b}i6sf0fn]klg TolQ g}kl; 4 /x}f]5 . piff d}fsf]b/af/, af0f; /sf]b/af/, ## s}l b}b}tfsf]af; :yn emDs}j/L d}Gb/, led; g} d}Gb/, rf}f} b}l, rDkfb}l, bllf0f uf}f] /L, bllf0f dgsfdgf, s6jfn bx, ulg tf/f nufotsf kljq wld\$ Pj + lty{yn, rDkfb}l xB}xfQljg l/; f} { uf}vgy, d}Gb/ xB}j}f0f; / b/af/ b}l 8f8 vf]hf xB} rf}f} b}laf6 xB}k} bllf0fsfnl gu/kflnsf; Ddsf] ko}g dfu{agf0} lglit lngsf] ; fy} bllf0fsfnl gu/kflnsf j8f g+! xQl jg j8f g+#, \$ xB}j8f g+(6Nsaf6 dsjfgk/ ; Dd hfg]jg leq cycling root ljsf; ug}lglit ln0} .

- ◆ rfnlgnfvjh bljv 5ðn] ; Ddsf] lgdf0ffkfwg ; 8s clanda lgdf0f ; DkGg ug{ cfjZos kxn ul/g5 .
- ◆ blif0fsfnl gu/kfnsf leq /x\$] wld\$; :s[ts, dgf]Ghgfdz zlxk kfs{ ko6s :ynx?df /fli60 tyf c6t/fli60 ko6sx?nf0{ cfs[ift ug\$] nful ko6lso dfu\$] ?kdf la:tf/ ug]/ p0m lf0df cWooog sfo]j wl tof/ u/L tTsfm sfo]j og ug]lgl In065 .
- ◆ ko6s bl[6s0fn]:yfk g] ko6lso pBf], Joj ; fox? ; #fng ug\$ nflu lgh lf0x?sf] klxrfg u/L ; xsfo{u/L cuf8l a9g]lgl In065 .
- ◆ dR5]b0fy kj z4f/sf] ?kdf /x\$] s6] fn bxnf0{l] sl; t ?kdf n]fng]lgl In065 .
- ◆ blif0fsfnl gu/kfnsf leq /x\$] vfg]kfgl ; ldltnf0{ gu/kfnsfsf] dftxtdf Nof0{ ; lqmo ?kdf ; #fng ug]lgl In065 .
- ◆ o]fsf] a]f]huf/Lsf] laifonf0{ dWogh/ u/L blif0fsfnl gu/kfnsf leq dlt\$nf nufot k]lj lws tlnD InPsf Jo]Qmx?nf0{ blif0fsfnl gu/kfnsf leq} /f]huf/Lsf] Joj :yf ldnfpg] lgl In065 .
- ◆ gu/sf] s[if tyf kz' glt adf]hd Plsst[kz' / s[if ; Da6wl sfoqmd ; #fng u/L Joj ; fols s[if tyf kzkfng sfoqmdnf0{lg/6t/tf lb065 . s[if tyf kz' ladf sfoqmdsf ; Da6wdf s[fs / ; Da6wt lgsfo; 6 ; d6]o u/L s[if tyf kz' ladf sfoqmd ; #fng ul/g5 .
- ◆ ; tx l; #0{ ,n3' l; #0{ Pj +aif\$] kfgl ; sng ug{ nufgl tyf c6o ; lawf j [4 ug\$; fy} s[if pTkfbgdf ; xof] k%ofpg lglZrt cj lwsf nful lj kGg, Pj +hf]vddf k/\$] s[fsx? tyf To:tf ;]f gku\$ gu/ lf0nf0{ nllft u/L Plsst[s[if pTkfbg cfo]hgf ; ~rfng ug{ kfyldstf lb065 . ; fy} ; fgf l; #0{ cfo]hgfx?nf0{ kfyldstfsf ; fy cuf8l a9fpg kxn ul/g5 .
- ◆ blif0fsfnl gu/kfnsf leq /x\$] vfg]kfgl ; ldltx?nf0{ gu/sf] dftxtdf Nof0{ ; lqmo ?kdf ; #fng ug]lgl In0Psf]5 .
- ◆ gu/ lf0 leq /x\$] e:ofx ss'/nf0{Joj :yfkgsf ; Da6wdf klj cfjZos lgl In065 .
- ◆ lj ut j if6]v lgdf0ffkfwg /x\$] vfg]kfgl cfo]hgf?nf0{ cfufdl cfly\$ aif{leqdf ; DkGg u/L gu/jf; lx?nf0{ :j R5 lkpg]kfgl pkn]w u/fpg]gl In06]5 .

;]f kjfx, ; :yfut lj sf; tyf ; zf; g; # ; Da6wt gltx? M

- ◆ gu/kfnsfdf cfjZos / pko0m sfg0, lgodfjnl, sfo]j lw tyf lgb]zsf? tof/ u/L gu/jf; lx?nf0{ ; /n, ; xh / k6]j sf/L ;]f k6]g ul/g5 .

- ◆ gu/sf] ; du|lj sf; df ; fdbflos ; :yfx?, u}; /sf/L lfq, ; xsf/L lfq, lghl lfq, cGt/f{60 lj sf; ; fembf/x?; E ; fembf/L / ; xsfo{ul/g5 .
- ◆ j8f sfof{onf0{ gful/sx?sf] klxnf] / glhssf] ; /sf/sf] ?kdf lj sf; ul/g5 . j8f sfof{ox?nf0{ efl}ts ; lj wf ; DkGg ul/b}nlug5 / cfjZos hgziQm Joj:yfkg ul/g5 . kTo5 j8f sfof{ox?df gful/s j8fkq /flvg5 . kTo5 j8fn] ; sng u/\$f]/fh:j /sdsf] @) kl}tzt kl}tzt /sd yk lj sf; lgdff tyf j8fsf] ; Jf ; ljwfsf]nful dfu u/L sfo{og ul/g]lgt ln0Psf]5 .
- ◆ gu/kflnsfaf6 ; Dkfbg xg] x/\$ cfof{hg tyf sfo{mdx?sf] ; fj hlgS k/Llf0f, ; fj hlgS ; gj f0{ ; fdfhs k/Llf0f h:tf sfo{x?af6 kf/blz{f Pj +:yfglo ; zf; g sfod ul/g5 . ugf; f] ; Gg]/ ; dfwfg ug{kl/kf6lsf]lj sf; ul/g5 . ; Jfuf{lx?nf0{d:sfg ; lxtsf] ; Jf lbg]nlf /x\$sf] 5 . ; fj hlgS vl/b klqmf0{kf/bzl{/ lj Zj; glo agf0g5 . 0fa8^a k0ffnlnf0{ sfo{og ul/g5 . u0f:t/ dfkb08 agf0{nfu" ul/g5 . lj sf; sfo{x?sf] Joj:l:yt cgludg glt tyf k0ffnl :yfkf u/L sfo{og ul/g5 .
- ◆ gu/lf{sf]of{hgfa4 lj sf; df ; xofu k4ofpg of{hgflj bV al4hljlx? ; lDdnt gu:/t/lo of{hg cfof{ysf] u7g ul/g5 . gu/kflnsfsf ; Dk0f{lgjflrt kbflwsf/lx? tyf sd{f/lx?sf] nflu cfrf/ ; lxtf agf0{nfu" ul/ ; lsPsf]5 . lgjflrt eP nuQ}/ sfo\$fn ; dft ePkI5 clgjfo{ ; DklQ ljj /of aemfpg]sfggl Joj:yf s8f0\$; fy kngf ul/g5 .
- ◆ gful/sx?sf] ; Rgdf ; xh kxF ; lglZrtfsf] nflu cfjZos Joj:yf ul/g5 . qmdzM vhf ; /sf/sf]cjwf/off cjndag ul/g5 . ; fdfhs ; hfn tyf lj B'tlo klj lwx?sf] :yfkf, k0fu / lj :tf/ ul/g5 .
- ◆ pkefQmf lxt ; Alf0f; DaGwl gful/s la1x? ; d}sf] ; xeflutdf Pp6f lgsfo :yfkf u/ pkefQmf lzlf, ; Rgf / ahf/ cgludgsf] Joj:yf k0fj sf/L 9En]nfu" ul/g5 . ; a}k; nx; df dNo; Rl /Vg clgjfo{ug{tyf dNo / u0f:t/sf]lgoldt cgludg ul/g]5 .
- ◆ gu/kflnsfaf6 ; Dkfbg xg] Gof0 k0ffnlnf0{ ; /n, ; xh / ; a\$] kxFdf k4of0g5 . j8fx?df dWo:yt / ; fdbflos d}hdnfk s{b\$] :yfkf ub{pglx?sf] lfdtf lj sf; / kl/rfng ul/g5 . gu/sf]pkk0v\$sf] ; of{hsTj df u7g xg] Goflos ; ldtnf0{>f} ; fwgoQm agf0g5 .
- ◆ ; b:ox?sf] ; of{hsTj df Goflos pk; ldt u7g ug\$; fy}Goflos ; ldt\$; of{hsaf6 lglZrt clwsf/ kTofof{hg ul/g]lgt ln0Psf]5 .
- ◆ gu/kflnsfdf u7g ePsf lj ifout ; ldtx?nf0{lb0Psf]sfo{lfq afx\$df lj ifout sfo{ ; ldtln] 5nkmm u/L lg0f6 lng ; Sg5 .

- ◆ ;j f k j f x s f x / \$ l f q d f k l j l w s f] l j s f ; t y f l a : t f / u / l E - G o v e r n a n c e n f 0 { l t j t f l b 0 g] 5 . ; j f x ? n f 0 { k y d r / o f d f s D k o 6 / k l j l w d f c f w f / t t y f b f] f] r / o f d f 0 6 6 / g 6 d f c f w f / t (o n l i n e S e r v i c e) a g f 0 { k j f x u g] g l l t / x \$ f] 5 .
- ◆ g u / k f l n s d f p T s [6 s f d u g] s d f f / l x ? , j 8 f ; l r j x ? , ; f d f l h s k l / r f n s x ? , d l x n f ; d x , a g ; d x , d l x n f : j f : Y o : j o + ,] s x ? t y f 6 f h l j s f ; ; : y f , g f u l / s ; r : j g f s [b] s [f s ; d x , ; x s f / l c f l b n f 0 { k / : s t u l / g] g l l t l n 0 g 5 .
- ◆ g u / d f a : g] k l / j f / x ? s f] j j d f c f w f / t k f l / j f l / s l j j / o f c l e n y / / v g] k 0 f f n l : y f k g f u g { ; f e m f / x ? s f] v f h l u l / g 5 .
- ◆ g u / k f l n s d f s f o { t s d f f / l x ? s f] l f d t f l j s f ; s f] n f u l l j l e 6 g ; j] f s f l n g t f l n d x ? ; # f n g u l / g 5 . / f d f] s f o { ; D k f b g e P s f : j b z s } c 6 o g u / k f l n s f x ? ; E c 6 t / l q m o f / c j n f \$ g e 0 f u / f 0 { y k l f d t f l j s f ; s f] n f u l k 0 f ; u l / g 5 . s d f f / l s N o f o f s f] n f 0 { J o j l : y t u / f p g o ; d f h D d f u g k g] / s d h D d f u l / g 5 .
- ◆ g u / k f l n s f s f] c f 6 t l / s k z f ; g r : t / b ? : t s f o d u g { ; s] d f q g u / a f / l n f 0 { l 5 6 f] 5 l / 6 f] ; / n / k 0 f j s f / l 9 u n] ; j f ; l a w f p k n j w u / f p g h g t f s f] c k] f f ; z f ; g 6 o f o / d f g j c l w s f / s f] / l f f e 6 g] d h g f / n f 0 { l n 0 { d : s f g ; l x t s f] ; j f k 0 f g u l / g] g l l t l n 0 P s f] 5 .

ejg lgdf0f, gS;f kf; , tyf e0l Joj:yfkg ; Da6wl glltx? M

- ◆ o; b l l f 0 f s f n l g u / k f l n s f a f 6 g S ; f k f ; u / l l g d f 0 f e P s f e j g x ? d f t n f y k u g \$ f] n f l u d f u u / 0 f , t T s f l n g g S ; f k f ; e P s f] ; 8 s d f k b 0 8 , ; 8 s c l w s f / l f q t y f ; 0 A o f s k / f e P s f] t y f ; 8 s P 0 c g ; / o f u / \$ f] ; f j h l g s j f ; / s f / l h l u f c l t q m d 0 f g u / \$ f] c j : y f d f “ / f l i 6 0 e j g ; l x t f - @) ^ ” c g ; f / c f j z o s t f e P d f e S D k l o ; b 0 l s / o f (R e t r o f i t t i n g) ; l x t t n f y k s f] c g d l t k 0 f g u g] g l l t l n 0 g 5 . g S ; f : j l s t u g] s f o { s D k o 6 / k 0 f f n l a f 6 y f n g l u l / g] 5 .
- ◆ g u / k f l n s f l f q l e q s f ; f j h l g s , k l t { P h f g l h l u f x ? s f] ; A f o f u g] s f o 6 m d n f 0 { l g / 6 t / t f l b 0 g] 5 . g u / k f l n s f l f q d f / x \$ f] ; f j h l g s h l u f x ? g u / k f l n s f s f] : j f l d T j d f N o f p g s f] n f l u l g l t l n 0 P s f] 5 .
- ◆ g u / k f l n s f l f q l e q ; f j h l g s h l u f s f] k 0 f y s g ; f d f l h s ; : y f n] s l x n] b y l / s] k 0 f h g s f] n f l u u / \$ f 5 g < T o ; s f] n u t t o f / k f l / g] 5 .
- ◆ a : t l l j s f ; z x / l o f h g f t y f e j g l g d f 0 f d f k b 0 8 a d f] h d k n l 6 E n f 0 { J o j l : y t u l / g 5 . g u / k f l n s f a f 6 : j l s [t g l n 0 { u l / P s f] k n l 6 E d f g S ; f k f ; g u g] g l l t l n 0 g 5 . o : t f k n l 6 E x ? n f 0 { ; d o d f g } : j l s [t l n g k l g l g l z r t ; d o c j l w t f \$ l ; r g f h f / l u l / g 5 . L a n d U s e P l a n g a g] ; D d a : t l a : g c o f l o l f q d f k n l 6 E : j l s [t l b 0 g] 5 g .

- ◆ gu/kflnsfn] ; x/l ofhg, a:tl ljsf; tyf ejg lgdf ; DaGwL cfwf/et dfkb08 hf/l u/l sfofj og u/šf] 5 . o; nf0{ s8f0sf ; fy sfofj og ul/g] 5 . gu/kflnsfsf lj:tf/t j8fx?df ; 8s dfkb08 / 3/sf]dfkb08 kušf 3/x?sf]gš; f clen]ls/0fsf]lglit ln0Psf] 5 .
- ◆ ko6lso tyf xl/t gu/kflnsfsf] ?kdf ljsf; sf nful ko6lso :ynx? kfs{ Eo6fj/x? lgdf0fdf lghl lfq?nf0{kfyldstf lb0g] ; fy}xf0:6]; #fng ug{; Sg]; DefJo lfq? cWooog u/l ; #fng kš0fdf kfl]; fxg ul/g] ; fy}gful/sx?sf] rxnkxn xg]; fj klgs zifnox? ; fj klgs lghl ; emf/L cjwf/0f cg; f/ ; #fngdf Nof0g] .

/fli6 tyf cGt/fli6 ; DaGw lj:tf/ tkmf glltx?M

- ◆ o; gu/kflnsfsf]/fli6 tyf cGt/fli6 gu/x?; E elugl ; DjGw sfod ug]gllt ln0g] / o; sfodf gu/sf]klxrfg / lxtnf0{pRr kfyldstfdf /lv]g] .
- ◆ blif0fsfnl gu/kflnsfn] cGt/fli6 d~rdf cfkmhf0{pkl:yt u/fpg cfjZos kxn ug]gllt lng] .
- ◆ gu/kflnsfsf]:jbzl tyf ljbzl bft[lgsfo tyf ljQlo ; :yf; E C0f lng ; Sg]sfgg] vfsf th0f ul/g] .

/fhZj kl/rfng ; DaGwL glltx? M

- ◆ >f] kl/rfngnf0{ ; dtfdhs, kpltlzn / Gofok0f{ agf0g] 5 . ; a} ; /fšf/jfnf Pj + s/bftf?sf]; xeflutfdf /fhZj clea[4 ul/ sh ah0df cftl/s cf0bfglsf]cz a[4 ul/b} nlug] . 3/ jxfn s/ ; jf/l s/ ; Joj ; fo s/ ; sngsf lf0df yk dxtgt u/l k0fj sf/l ?kdf >f] kl/rfng ul/g] .
- ◆ cfufdl cf=j= df s/sf] bfo/f lj:tf/ ul/g] gllt ln0Psf] 5 . o; sf] nflu s/ ; sngsf cleofgx? ; #fng ul/g]g\eg]lj le6g ; /fšf/jfnf? ; E ul/Psf]; femf/L ; Demf]fsf]; ldIf / k0fj/nfšg ; d] ul/g] .
- ◆ gu/kflnsfsf] nflu e/kbf]s/ k0ffnl Plss[; DklQ s/ g}xf] e6g] df0otfnf0{ ; jlsf/ ub} Plss[; DklQs/sf] nflu ul/g] hlufsf] dNof]g, cfufdl sxl aif{kZrft hlufsf] Gogtd dNof^asg; E tfb0tf sfod ug]gllt ln0g] 5 . o; nf0{ :yfglo >f]sf] d]b08sf] ?kdf ljsf; ul/g] 5 .
- ◆ gu/kflnsf4f/f axfndf nuf0Psf ; DkQlx?sf]axfn a6bfa:t ubf{ tyf cfo ; sng sfo{c6o ; :yf dfkm[u/fp[kl:t:kwf{ds lj lw ckgf0{ krlnt ahf/b/sf] cfwf/ sfod u/l axfn a6bfa:t ub}nlug] .

- ◆ gkfnsl] ; l]wfg @)&@ sf] cg; 'l * / (adf]hdsf sxl clwsf/x?df lhNnf ; dgj o ; ldltn]x:tlf]k u/\$f]lj ifodf o; gu/kfnslsf]wofgsif] ePsf]5 . ; f] ; DaGwdf :yflgo txsf] clwsf/ lfg leq /lx gu/ lfg leq /xsf] kfs[ts >f], vfgl, vlgh kbfx(?sf] Joj:yfkg gu/kfnsl cfkm]ug]lgl In0g5 .

cfb/0flo pkl:yt dxfgfj x? M

cfudl cf=j=)&\$÷)&% sf]nflu sh cfo lgwf{Of ubf{cft/ls cfoaf6 ! s/f\$ @# nfv (% xhf/ /fh:j jfBkmfBaf6 ^^ nfv , gkfn ;/sf/af6 kft xg];dfglS/Of cgbfgj f6 !% s/f\$ / ; zt cgbfg & s/f\$ ^^ nfv, ;fdlhs ;/lfd # s/f\$ %) nfvsl/ sG6]h]l af6 @) nfv ; d] u/l hDdf ? @* s/f\$ &# nfv (% xhf/ sf]ah] ;ldf tof/ ul/Psf]5 . ; zt{cgbfgsf]/sdaf6 ; #fng ul/g]lqmfsnfx? dWo]rfn' tyf kFlut tkmf] sfoqmd Plsg ug{g;lsPsf]h]sh j h]df rfn' vr{ tyf kFlut vr{f]lx:;f Plsg ?kdf b]yfpq ;lsPsf]5g .

dfly k] u/\$f]cfo lj j /Ofdf ; dflhs ;/lff tkmf]j h] ; dflj i6 ul/Psf]5 .

cfGt/ls cfof] cgbfgsf] xsdf /lhi6]g zNs, kfs[ts >f]sf] jfBkmfB / cGo axfn lj 6f]L s/sf] jfBkmfB s]s; /l xg] eGg] olsg ge0; s]sf] sf/Ofn] ; flj s gu/kfnslfn] lgwf{Of u/\$f] cfo cgbfgdf ; d;fdlos t/ ;fdGo a[4 u/l nlo lgwf{Of ul/Psf]5 . pQm s/x?sf]afBkmfB vfsf olsg ePkI5 cfoJoodf ;df]hg ul/g]g}5 . Joj;fo s/, ljeGg zNs tyf b:t/x? ; fljssf] b/df ;fdGo x]km] u/l k]fj sf/l ?kdf kl/rfng ug]lgl /xsf] tyf Plsst ; DklQ s/sf]xsdf qmdzM nfu' ul/g5 .

gu/ ; efsf ; b:0HoX? tyf cltlyHoX? M

of]hgfsf] th]df h:t}o; sf]sfof] og klg dxTj kOf{kIf xf]. xfdln] th]df u/\$f sltko glt tyf sfoqmx? ; Dkfbg ug{xdf] ; xsfo{ ; fem]f/l tyf /rgf]ds ; xof]sf] cfjZostf kb5 . ctM o; cj ; /df blif0fsfnl gu/kfnslsf]lj sf; df k]fj sf/l eldsf v]lg ; /sf/l lgsfox?, lghl lfg, bft[lgsfo nufot, cGt/f]60 ; 3 ; :yfx?, u} ; /sf/l ; 3 ; :yfx?, 6f]h lj sf; ; :yfx? tyf cGo ; DkOf{ ; /f]sf/jfnfx?nf0{; }d-raf6 xlf]\$ cg/f]v ug{rfxG5' .

cfh k]tt ah] gu/ ;efn] :jlst ug{fy cljnda o; blif0fsfnl gu/kfnslsf]jj] k]hdf cknf] ul/g]Joxf]f lgj]g ub]j h] tyf sfoqmdsf]kOf{ljj /Of, gu/ l]sf; of]hg th]dfsf k]tt cfwf/ tyf In0Psf] gltx?sf]lj :tfl/t vfsf ; d]6Psf] aflif\$ gu/ l]sf; of]hg k':ts oyfzL3| oxk? ; dlf pknAw u/fpg]afrf ; d] ub5' . of]hg th]df cfkm]df dxTj kOf{t xf]g}t/ o; sf] sfof]og xg ; s] eg]jfl-rt k]fj 5f8g ; lsb] . ctM k]tt ah] sfof]ogdf ; a} lfg / tkfsf]kOf{; xof] /xg5 eGg]lj Zj; InPsf]5' .

/fhgllts bnx?n] :jR5 k]t:kwf{ dfkm] lgj]f-gdf efu In0{ hgdT dfkm] cfh xfdl of] gu/kfnsl ; #fng ug]el'dsfdf cf0{ku\$ 5f]. of] ; G}/fhgllts k]t:kwf{/ cfux ; lSP/ cj xfdl Pp6}l6d ePsf 5f]. xdf] glt th]df ubf{Hofbf eGbf Hofbf cGt]qmf / ; emfj ; \$ng ul/Psf]lyof]

. ctM gu/kflnsfsf] ; - ; #fngsf] nflu ; j } /fhglits bnsf] /rgfids ; xof]usf] ck]ff ln} cfkmgf] tkmf6 ; d] kfl6\$]ge0{ ; du|blf0fsfnl gu/kflnsf / oxf]sf hgtfsf] ; femf kltlgwswf] ?kdf ; j] f ug]ljzjf ; oxf]k?nf0{lbnfpg rfx65'.

c]tdf, cfhsf] o; lj]zi6 cj ; /df xdf] lgdGq0ffnf0{ :jLsf/ u/L kflNg' ePsf gu/ ; efsf ; b:oHoX? tyf cltlyHoX? ; ~rf/sdl{ ; fylx?, lj ifout sfoffo tyf gu/kflnsfsf sd{f/l ldqx? klt xflb\$ wGjfb JoQm ug{ rfx65' . k]t't ah} tyf sfomd th} ug] k\$}pfd k]olf tyf k/]f?kdf ; xof] k%ofpg' xg] gu/ sfokflnsfsf ; b:oHoX?, ljifo lf]ut ; lditsf kbflwsf/lx?, ; b:ox?, lj ifout sfoffosf k}v tyf kltlgw HoX? / o; gu/kflnsfsf] p]glt k]ltdf cxf]fq vl60{o; ; efnf0{eJo / ; Eo ?kdf ; kmn u/fpg vl6g' ePsf gu/kflnsfsf sd{f/l ; fylx? / ; Dk0f{gu/jf;L bfhef0{tyf lbbl alxglx?df xflb\$ wGjfb JoQm ub5'.

wGjfb .

>L a; Gtl tdfd^a -8uf]h_

gu/ pk-k}v

blf0fsfnl gu/kflnsf, kmlk^a, sf7df8f}+

ldlt M@)&\$ c; f/ #) ut]